

July Newsletter

:: It's getting HOT out there ::
...and in our Pure Focus classes, too!

Thank you
for making these intense Pure Barre classes such a success.
We have gotten rave reviews!!!

July's Pure Focus will be
"Bye-Bye Inner Thighs"
OUCH ... it will be a "ball"

Did you ever consider giving Pure Barre classes as a gift for a
Baby Shower???

or a
Bridal Shower???

What a wonderful and unique gift idea ... YOU know the
technique works, so you know SHE will love it, too!
We are introducing Pure Barre Registry, too!

Who would like to be our star testimonial clients for August?
Register to win one of our
August Boot Camp Challenges

How much can you "shape-up" your "shape" in one month?

For the *entire* month of August
you will need to be prepared to commit to:

- 2 BMI evaluations
- 12 Pure Barre classes
- 4 Pure Focus classes
- 4 Iron Yoga classes or Sculptilates classes
- and more!

Three clients will be randomly selected from those that register
More details are soon to follow!