

## July 2009 Newsletter

### **'Pair Down'** with Pure Barre fitness studio!!

Double the fun and trim the cost of your Pure Barre classes by signing up with a friend! Help each other stay fit with '**Pair Down**', a new way to share Pure Barre with those you love.

**When you and a buddy take 14 classes (each) within 4 weeks, we will offer you a few special gifts:**

\*Each of you will receive 10% off your next Pure Barre class package!

\*Each of you will receive a \$20 gift card to Brittin Tate Hair Salon for a wash/blow (wow...that's 50% off)!!

\*Each of you will receive a free Pure Barre Klean Kanteen eco-friendly & PBA-free water bottle!!!

*Share the joy of your fit figures, while you enjoy special treats on us! Please see the front desk to sign up today!*

**Extra bonus:** if you *pair* up with a **new** client, then you both get an additional 10% off your next class package!

**Sounds 'Pair'fect, doesn't it?**

---

**POWER Ballet** is a hit! Be sure to fit one of these classes in your routine!

Mon/5 pm

Wed/9 am

Sun/3:30 pm

**Flex Tone Build** has been described as one of our best (and hardest) workouts!!

Have you given it a try, yet?

Thurs / 6 pm

---

**Schedule changes for July: temporarily, we will be pulling Saturday 11:20 FTB!**

---

**::: FYI :::**

Our *FTB, jr.* classes are being met with rave reviews  
with over 15 children participating!! Only five more weeks to go!!

They have been working hard, learning about nutrition, and burning up their pedometers!



Please join us for our next **Pure Give** class on  
Saturday, July 25<sup>th</sup> :: 10:10 am

There is nothing different about this regularly scheduled Saturday class, except that all the proceeds go to our National Pure Barre charity, **Pure Give!**

*Let's be sure to make it a packed house for this one!!*

**MISSION STATEMENT:** **Pure Give** seeks to support programs, which assist in the development of healthy self-esteem in *girls, teenagers and young women*.

---

Keep an eye out for new Lululemon shipments this month!!

We have just put out some new colors & styles, and there are more on the way.

Have you seen the all new Conditioning Tank or Astro Crop?? Sooo cute!!

Also, sign up to be a “fan” of Pure Barre Lexington on **Facebook**, where we send out exclusive **Facebook** fan specials & updates.