

express

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TUESDAY

APRIL 29, 2008 | >> **FREE** <<



NEW
IN HEALTH
**warm
ups**

WONDER BARRE

Logan Circle dwellers can get their fix of ballet toning at a Pure Barre class at B.fit (1339 14th St. NW; bfitdc.com). But if that's too far to hike, take advantage of all of those surprisingly effective tiny tucks and lifts with the new "Pure Barre" DVD (\$25, Purebarre.com). It's 45 minutes of graceful pain.

ON PAR IN PINK

Lawyers of the Elle Woods variety still have to woo clients at the country club, and what better way to prove you can make an opening statement than with this Carmel stand bag from Keri Golf (\$295, Kerigolf.com)? There's plenty of storage for every accessory.

PURE BLISS

As long as your grocery bill is skyrocketing, you might as well be buying stuff that tastes better. So, add Tropicana Pure Valencia (\$4.50) to your shopping list. The company describes it as "fruit juice in HD." We'll call it darned tasty. Also delish: peach papaya mango.

LIKE FATHER?

Not sure dear old dad deserves that title? Grab a swab from the inside of his cheek, and pick up an Identigene DNA Paternity Test (\$30 plus a \$119 lab fee, Rite Aid stores). You'll get your results in less than a week—plenty of time to prepare for Father's Day or to book an appearance on "Dr. Phil."